

Dr. Elizabeth McMahon is the author of *Overcoming the Emotional Challenges of Lymphedema* and a co-author of *Living Well With Lymphedema*. She received her PhD in Clinical Psychology from Case Western Reserve University. She works as a clinical psychologist with Kaiser Permanente in California and has more than 25 years of experience helping patients, many of whom have chronic medical conditions. She became interested in lymphedema after a family member developed the condition post-mastectomy. For more information, visit her website at www.elizabeth-mcmahon.com.

If you attended the 1st NLN Patient Summit in Reno, Nevada, you may have met her at the NLN book booth where she did book signings or when she co-led the afternoon session for parents with Saskia Thiadens, RN.