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National Lymphedema Network Kicks off 2nd Annual “Stomp Out Lymphedema” Virtual Walk

SAN FRANCISCO, CA – APRIL 7, 2015 -- The National Lymphedema Network will host its second annual “Stomp Out Lymphedema” virtual walk now through the end of May 2015, with patients and advocates throughout the country signing up and creating teams to raise awareness about lymphedema and fundraise for the NLN’s ongoing Lymphedema Awareness Campaign.

As a virtual walk, “Stomp Out Lymphedema” enables lymphedema patients, practitioners, and their community of support to participate in the 5k walk in their own locales over the course of April or May by making their own fundraising page on the NLN Web site. This grassroots effort allows anyone, especially patients with limited mobility, to take part in the walk.

“Lymphedema has been ignored, misdiagnosed, and left untreated for far too long—the NLN’s Lymphedema Awareness Campaign is designed to change that,” said campaign coordinator and lymphedema patient Robin Miller, “Stomp Out Lymphedema will help us launch the first two parts of the campaign: A series of educational videos, some of which can be viewed now on our Youtube station, and free education kits for cancer patients that we are slated to distribute later this year.”

Registration and other “Stomp Out Lymphedema” event-materials are available at donate.lymphnet.org/stompoutLE15. The NLN team will be hosting their local walk in San Francisco’s Golden Gate Park on Saturday, May 2 at 11:00am (PST).-- contact (415) 908-3681 for details on joining the NLN’s local team. Twitter users can follow the NLN at @lymphnet and use the event hashtag #StompOutLE to enter to win one of the NLN’s weekly giveaways occurring throughout April and May.

The National Lymphedema Network (NLN) is an internationally recognized non-profit organization founded in 1988 by Saskia R.J. Thiadens, RN to provide education and guidance to lymphedema patients, healthcare professionals and the general public by disseminating information on the risk reduction and management of primary and secondary lymphedema. www.lymphnet.org

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